



# DRSABCD Action Plan Infant under 1 year

<b>D</b>	<b>DANGER</b>	
	Ensure the area is safe for yourself, others and the casualty	
<b>R</b>	<b>RESPONSE</b>	
	Check for response—ask name—squeeze shoulders	
	<b>No response</b> ▶ Send for help	<b>Response</b> ▶ Make comfortable, monitor response and check for injuries
<b>S</b>	<b>SEND</b>	
	Call triple zero (000) for an ambulance or ask another person to make the call. Send for a Defibrillator if available.	
<b>A</b>	<b>AIRWAY</b>	
	Open mouth – check for foreign material	
	<b>No foreign material</b> <ul style="list-style-type: none"> <li>▶ Leave casualty in the position that they have been found. Open airway by tilting head gently into a neutral position.</li> </ul>	<b>Foreign material in mouth</b> <ul style="list-style-type: none"> <li>▶ Place infant casualty face down on forearm with head supported, with mouth slightly downward.</li> <li>▶ Clear foreign material from airway with little finger.</li> <li>▶ Once foreign material is removed, open the airway by tilting head gently into a neutral position.</li> </ul>
<b>B</b>	<b>BREATHING</b>	
	Check for breathing - <b>Look</b> for movement of the upper abdomen or lower chest. <b>Listen</b> for the escape of air from nose and mouth. <b>Feel</b> for movement of air at the mouth and nose (an occasional gasp is not adequate for normal breathing)	
	<b>Not breathing normally and no response</b> <ul style="list-style-type: none"> <li>▶ Place on back on a firm surface. Keep head in neutral position and commence CPR.</li> </ul>	<b>Normal breathing</b> <ul style="list-style-type: none"> <li>▶ Place infant face down on forearm in recovery position, monitor airway, breathing and responsiveness.</li> </ul>
<b>C</b>	<b>CPR</b>	
	<b>Start CPR 30 compressions, 2 breaths</b>	
	<ul style="list-style-type: none"> <li>▶ Use 2 fingers (index and middle) over the lower half of the breastbone in centre of the chest.</li> <li>▶ Press down 1/3 of depth of chest and release - give 30 compressions.</li> <li>▶ Open the casualty's airway (neutral position).</li> <li>▶ Place your mouth over the casualty's mouth and nose to seal.</li> <li>▶ Blow gently into mouth for up to 1 second, just enough to see the chest rise and fall.</li> <li>▶ Give 2 breaths. Repeat 30:2</li> <li>▶ Aim for approximately 100-120 compressions per minute.</li> <li>▶ Continue CPR (30:2) until ambulance arrives or casualty recovers.</li> </ul>	
<b>D</b>	<b>DANGER</b>	
	Obtain a defibrillator if available and follow the instructions of the 000 operator.	

**In a medical emergency call Triple Zero (000)**

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