



in an
Emergency

Call 000

Emergencies can happen anywhere.

Do you know what steps to take to help in these situations?

Take the quiz below, and test your skills!

1 A friend gets bitten by a snake. What is the first step you take?

- a. Suck the venom out of their skin.
- b. Apply a bandage to the bite.
- c. Check for danger.
- d. Try to catch the snake

Your answer

2 A friend accidentally places their hand on a hot stove top and burns themselves. What is the best thing to do?

- a. Put their hand in a bucket of iced water
- b. Cover the burnt area with a cloth bandage
- c. Rub butter onto the burnt area
- d. Hold their hand under cold running water for up to 20 minutes

Your answer

3 Which is the correct first aid action plan?

- a. D.R.S.A.B.C.D
- b. D.R.A.B.C
- c. A.B.D.R.S.C.D
- d. C.R.S.A.D

Your answer

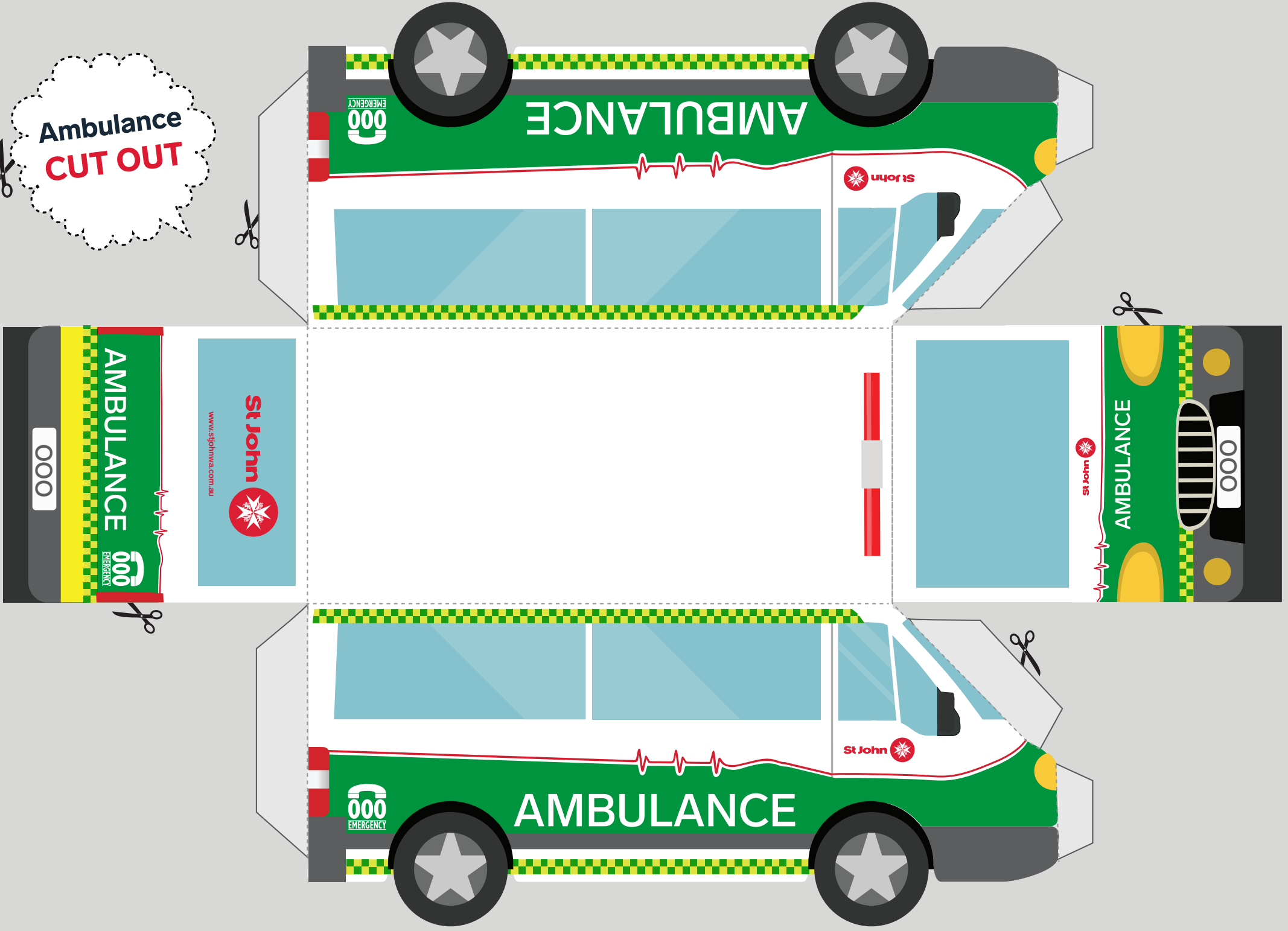
To refresh your skills or to make sure that you are properly prepared to respond to an emergency, we recommend completing a formal first aid course where you will be able to further develop your knowledge and abilities.

Receive a 15% discount on any first aid course booked or first aid kit purchased in the next 30 days. To redeem your discount, enter or quote the promo code **EVENT** when booking your course or buying your kit.

To book, call **1300 STJOHN** or visit stjohnwa.com.au



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